

## Costs

Transition House, Inc., is a private, non-profit agency which started in April of 1982. The agency's governing Board of Directors, comprised of community volunteers, is dedicated to supporting mental health clients as they make the transition to community living with an emphasis on high quality of service with low cost for service delivery.

In FY '84, the overall cost = \$39 per unit of service

In FY '16, the overall cost = \$58 per unit of service

- Transitional Living Program cost = \$66 transitional living day
- Community Outreach Program cost = \$39/contact

In comparison, society's cost of untreated mental illness exceeds \$100 per day and the rate of suicide in the US is at its highest level in nearly 30 years.

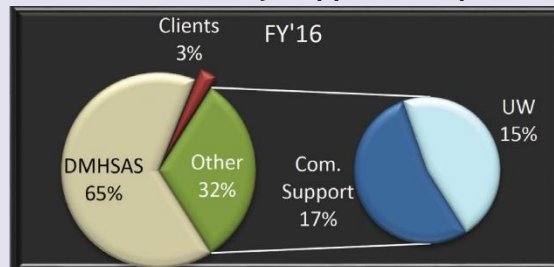
## Funding

### Funding Sources Include:

- Department of Mental Health & Substance Abuse Services
- United Way of Norman
- Norman's Social & Voluntary Services Commission
- Foundation/Club Grants: OEC, Norman Rotary Club, Norman Community Foundation,
- Client fees
- Fund Raising Activities
- Donor Drive
- June Bug Jam



## State & Community Support Comparison



## Staff

### Bonnie L. Perutzi, MHR

Executive Director

### Mary Hopkins, BSW, MHR

Clinical Director

### Kaitlyn Kipps

Recovery Coordinator

### Amanda Awad

Recovery Coordinator

### Ilene Dickson

Business Manager

## Client's Gratitude

Thanks to the House That Let Me In

Once an innocent child filled with hopes and dreams, now lost and lonely in the dark, Others gave up long ago, afraid of the monster howling in my soul. Buried in pain, drowning in sorrow, life on the crazy side, no tomorrow, A loving hand reaches into my abyss, a glimmer of hope shows me how to live. Believing and working through scars, hurt, and pain, there is hope for the child now grown. A life reclaimed in this place of hope, this place of dreams, thanks to the house that let me in.

## Contact Information

700 Asp, Ste. 2  
Norman, OK 73069  
(405)360-7926  
(405)360-2339 (fax)

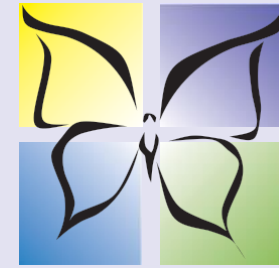
[transitionhouse@coxinet.net](mailto:transitionhouse@coxinet.net) [www.thouse.org](http://www.thouse.org)

[www.facebook.com/transitionhousejunebugjam](https://www.facebook.com/transitionhousejunebugjam)

[www.youtube.com/transitionhouseinc](https://www.youtube.com/transitionhouseinc)

[www.twitter.com/Thouse82](https://www.twitter.com/Thouse82)

[www.instagram.com/transition\\_house\\_norman](https://www.instagram.com/transition_house_norman)



# Transition House

*Changing lives by creating pathways for mental wellness*

## Hope & Opportunities to Advance Mental Wellness

### Our Vision

Changing lives by creating pathways for mental wellness.

### Our Mission

Improving our community by providing tools for sustaining mental wellness with skills development, supportive care and advocacy.

### Our Culture

We Listen. We Respect.  
We Support. We Empower.



## Transitional Living Program (TLP)

This program of supervised apartment living promotes the development of daily living, socialization / recreational, and work related skills, plus provides support during the challenging times.

### Program Highlights

- Referrals: Clients are screened by staff prior to acceptance.

For information: visit [www.thouse.org](http://www.thouse.org), then click on "Programs" or Call 405-360-7926.

### Program Elements

- Individualized Recovery Plans, Routine and Crisis Related Staff Support, Referrals, Resources, and Advocacy.
- Weekly Recovery Coordinator meetings provide educational opportunities and support in developing life skills, managing environment, and decision making, as well as provide assistance in understanding and managing mental illness and recovery.
- Daily Groups and Activities provide opportunities for support and education.
- Housing provides space for three clients to live in one of four apartments while in the program.

## Gifts of Hope

Allows clients to share the healing tools of creativity and gratitude with supporters of Transition House.



A HEALING TOOL...



BECOMES A GIFT OF HOPE



## Community Outreach Program (COP)

This program provides opportunities for on-going socialization/recreational activities, support, and crisis intervention.

### Program Highlights

- Focus: Emphasis is on diverse opportunities for socialization and support to help reduce the problems of isolation commonly associated with mental illness relapse.

### Program Elements

- Structured Activities: Activities are planned by Recovery Coordinators for socialization. Limited transportation is provided for clients attending groups and activities. The Music Wellness Program offers opportunities for drum circles and other forms of musical expression.
- Drop-In Services: As schedules allow, staff meets with clients who call or stop by the office. No appointments are needed. TH provides use of a computer, WiFi, phones, fax, copier, and other services free to clients. Clients may receive referrals, resources, and advocacy to help meet their ongoing needs.

## Transitionisms

Thoughts, affirmations and words of hope from the People of Transition House.

Transitionisms can be found on Transition House's social media pages.



## Drop-In Center

The Drop-In Center provides space for Transition House groups, activities and socialization.

### Center Highlights

- Located at 700 Asp, Suite 4
- Available for client use week days from 9:00 am to 5:00 pm.
- Clients may use the Center after hours with appropriate approval.
- Used for groups, activities, and provides a safe place to be.
- Furnished with free WiFi, TV/DVD, bathroom, and other items that make it a comfortable space.



"Transition House is the place that saved and changed my life."

"Through Transition House I receive the support and tools I need today to make my life a positive

experience instead of a life of pain and misery which I used to have for much of my life. Thank You Transition House!"

## TH Wellness Project

The Vision:

To empower personal well-being, improve mental wellness and increase life joy.



Interactive discussions, education, and activities that promote personal well-being while empowering useful coping skills and mental wellness.

Open to Community members and OU students.