



## PRINCIPLE: CONNECTION

<b>STANDARD:</b>	We believe healthy connection is a relationship in which a person, links or associates sincerely with someone else through compassion without enabling, healthy boundaries and openness.	
<b>HOPES/DREAMS:</b>	By developing healthy, sincere connections with people, everyone has the opportunity to advance life joy and wellness.	
<b>EXPECTATIONS FOR STAFF:</b>	<ul style="list-style-type: none"> <li>➤ Being consistently present, physically and mentally</li> <li>➤ At the onset of each new connection, time will be taken to reflect on and address any transference issues</li> <li>➤ Staff will work to empower clients through healthy connections</li> <li>➤ Staff will get to know each client's strengths, hopes and dreams and make a commitment to support those with each client without judgment</li> <li>➤ Staff will model healthy connections through professional relationships with those associated with TH</li> <li>➤ Clients feel supported by staff</li> <li>➤ Staff will be kind and constructive in their direct and honest approach in working with clients</li> <li>➤ Staff will work together to support personal growth, challenge personal barriers to change, and provide constructive feedback to address transference issues and barriers to connection</li> </ul>	
<b>WE DO NOT:</b>	<ul style="list-style-type: none"> <li>➤ Create imbalance or abuse of power between people</li> <li>➤ Develop connections that create feelings of sadness, depression, anxiety, stress, and emotional trauma</li> <li>➤ Avoid</li> <li>➤ Abuse</li> <li>➤ Shame</li> <li>➤ Attempt to build relationships based on Insincerity</li> </ul>	
<b>STAFF ACTION PLAN:</b>	<ul style="list-style-type: none"> <li>➤ Staff will talk with supervisors to address transference issues with clients</li> <li>➤ Staff will take time to get to know clients to enhance a healthy sense of connection</li> <li>➤ Staff will address personal issues that create barriers in the connection process with clients, and discuss with supervisors as needed</li> </ul>	
<b>BARRIERS:</b>	<ul style="list-style-type: none"> <li>➤ Judgment</li> <li>➤ Transference</li> <li>➤ Assumption</li> <li>➤ Fear</li> <li>➤ Lack of Courage</li> <li>➤ Anger</li> <li>➤ Vulnerability</li> <li>➤ Avoidance</li> <li>➤ Willingness to connect with others</li> </ul>	
<b>STAFF EVALUATION TOOL:</b>	<ul style="list-style-type: none"> <li>➤ Recovery Coordinators will schedule and implement a monthly group for clients to evaluate TH's adherence to all 6 principles related to TH's Commitment to Recovery. <ul style="list-style-type: none"> <li>✦ Staff will provide opportunities for clients to complete the monthly evaluation in writing (as needed)</li> <li>✦ Clients will use this group time to complete the survey on-line as well</li> <li>✦ For those clients who need computer training, this time will be used to assist clients with computer skills development</li> </ul> </li> <li>➤ This group will be scheduled on the last Friday of each month</li> <li>➤ Staff will review all surveys and use feedback as a guide to direct staff training and development</li> </ul>	
<b>SUPERVISORS:</b>		
<ul style="list-style-type: none"> <li>• WILL PROVIDE AND ENCOURAGE TRAINING &amp; CONSULTATION</li> </ul>	<ul style="list-style-type: none"> <li>• Provide weekly consultation</li> </ul>	
<ul style="list-style-type: none"> <li>• ACKNOWLEDGE GROWTH, LEARNING, INCLUDING SMALL STEPS! PROGRESS NOT PERFECTION!</li> </ul>	<ul style="list-style-type: none"> <li>• Provide positive feedback – acknowledge growth</li> </ul>	